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# NUMEROLOGY

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## DIAMOND SPIRIT GUIDE

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## **WHAT THE DIAMOND CHART REVEALS**

The Diamond is one of the oldest number-based methods of divination and perhaps the most powerful tool numerology has to offer. It reveals the chain of cause and effect that connects your physical and non-physical planes. It tells us how your experiences, choices, and priorities in the physical world affect your internal/spiritual growth, and how, in return, this affects the quality of your life on the physical plane.

Each Diamond pattern consists of four numbers. The first is called the Challenge. Your Challenge is a lesson or test that, once learned, will benefit you for the rest of your life.

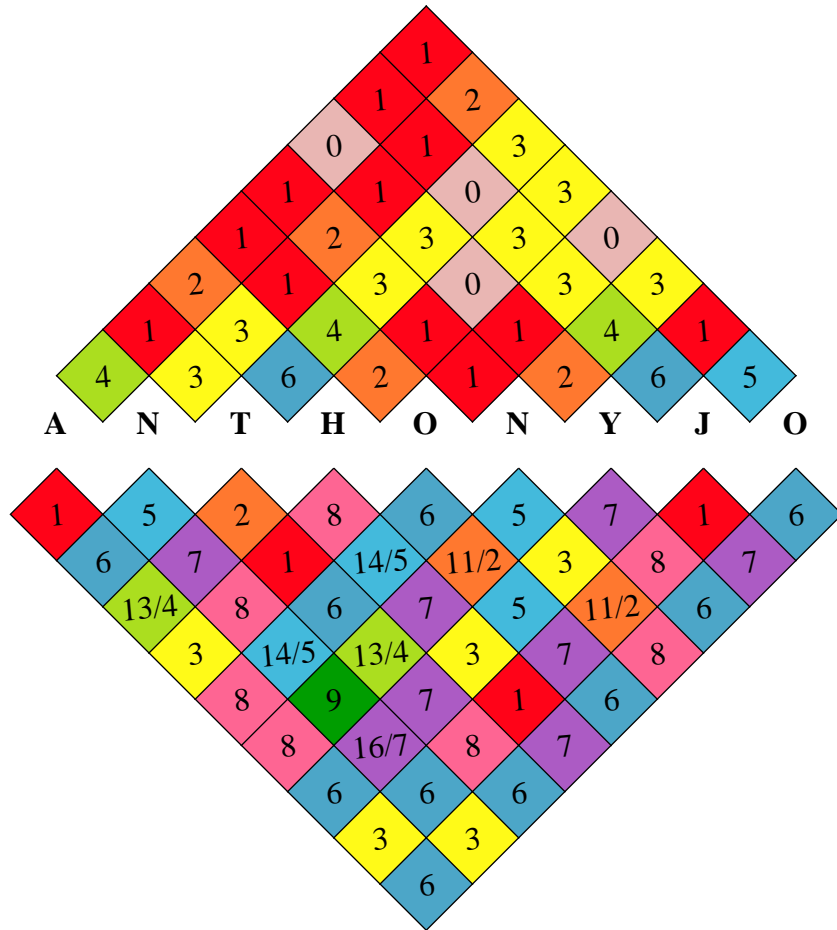
The second number is the Root or Cause and explains the underlying reason that lesson has emerged. The third number, the Recommended Action (also called Action Key), gives advice on the best approach for a successful outcome. The final number - aptly named the Outcome - reveals what the likely result of your efforts will be, and how it might affect your future.

Except for ages 0 through 7 and 75 through 81 we experience two Diamonds per year from birthday to birthday. These two Diamonds overlap and are equally important; they fit together as if working on one helps us understand the other.

Although most Diamonds are in place only for one year, it's not uncommon for one or both Diamonds to repeat the following year. Often one number - usually the Challenge number - lasts for more than one year, while the other three numbers change. Finally, a number that is the Cause one year becomes the Action Key for the next. The Diamond's structure is complex but also logical and beautiful.

A word of advice: getting the most out of your Diamond requires some measure of self-reflection, not unlike the I Ching. I recommend that you read it more than once, then let it simmer. You may be surprised at the amount of insight you gain.

Your report covers two years/ages from birthday to birthday. To avoid distraction, you may want to postpone reading the Diamonds for the second year until a couple of months before your next birthday, or if you do read them, go back to the two for your current age and focus on those.



**THE FIRST DIAMOND**

*The first number in your Diamond is of a decidedly spiritual/inner nature. It's offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature. It reveals the true purpose of your struggle on the physical plane from a broad vantage point.*

**Your First Diamond Challenge for age 31 is 3**

The goal of this challenge is to enhance your self-expression through confidence and courage in all areas of your life, not just the creative or artistic avenues. It starts by understanding the magnitude of your potential, not the least of which is your imagination.

Your inner world should be a dynamic place, where realizations, feelings, hopes, dreams, discoveries, ideas, expectations, and yes, sometimes failures and disappointments, come and go, changing and enhancing you in the process. No supercomputer can hold a candle to the speed and reach of your mind, much less the power of your imagination. However, like a computer, it needs an operator to guide it to its full potential. That operator is you, and the more confident and comfortable you are at accessing and using your creativity,

imagination, and analytical powers, the more successful you will be in life.

It takes courage to go against the grain, to make up your mind and follow your instincts - it's much easier to conform. But in order to be true to your unique potential you must, by definition, find YOUR voice. This challenge inspires you to expand your vision, find that voice, and express your individuality.

## **YOUR FIRST DIAMOND CAUSE**

*The second number in your Diamond reflects the underlying cause of the challenge you face this year. It is the catalyst that sets things in motion, the root of the issues confronting you during this period.*

### **The Cause for your First Diamond is 2**

This diamond aspect suggests the reason for the above challenge could lie in a mixture of misinformation, anger, or confusion. It is likely you feel mistreated (possibly in your work environment). You may have been the victim of gossip or false accusations. Although it feels personal, the reasons behind it may include biases that individuals, or society, hold against certain groups or types of people.

The issue may or may not have been caused by something you did in a concrete way. However, when a 2 appears in this position it usually means you are at least partly responsible for the image some people have of you. You may want to consider whether you are overly sensitive to certain issues or have been hiding part of yourself behind a facade.

Identifying the reason for the discord could be a big step on the way to resolution.

## **THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND**

*The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.*

### **The Recommended Action for this Diamond is 5**

Think of this period as flying a kite, Anthony. You need to keep your feet on the ground while your focus and ambition are roaming, swirling and diving without restraint. Your mind should be as free as that kite but held firmly by a string controlled by (only) you.

We often allow people or situations, as well as ourselves, to limit our potential. Sometimes we work hard

because we feel pressured by money concerns or living up to other people's expectations. Other times, we are drawn by a dream or personal goal. Although no less effort is required, there is a big difference in the way each impetus feels.

This diamond suggests it's time to let go of old concepts and ideas, in order to be elevated by your own dreams. Nurture your untapped potential by allowing new ideas to emerge, let go of past habits and worrying about what others may think.

Although it may not sound very practical, it may help to just watch the clouds go by, get out more, let go of old habits. There is no better way to get in touch with yourself and your dreams. Allowing your mind to wander and making room for the new are important aspects for recognizing and following your dreams.

Qualities that will help you navigate this Diamond and take advantage of approaching opportunities are flexibility, adaptability, having faith in yourself, and letting go of pointless restrictions.

## **THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND**

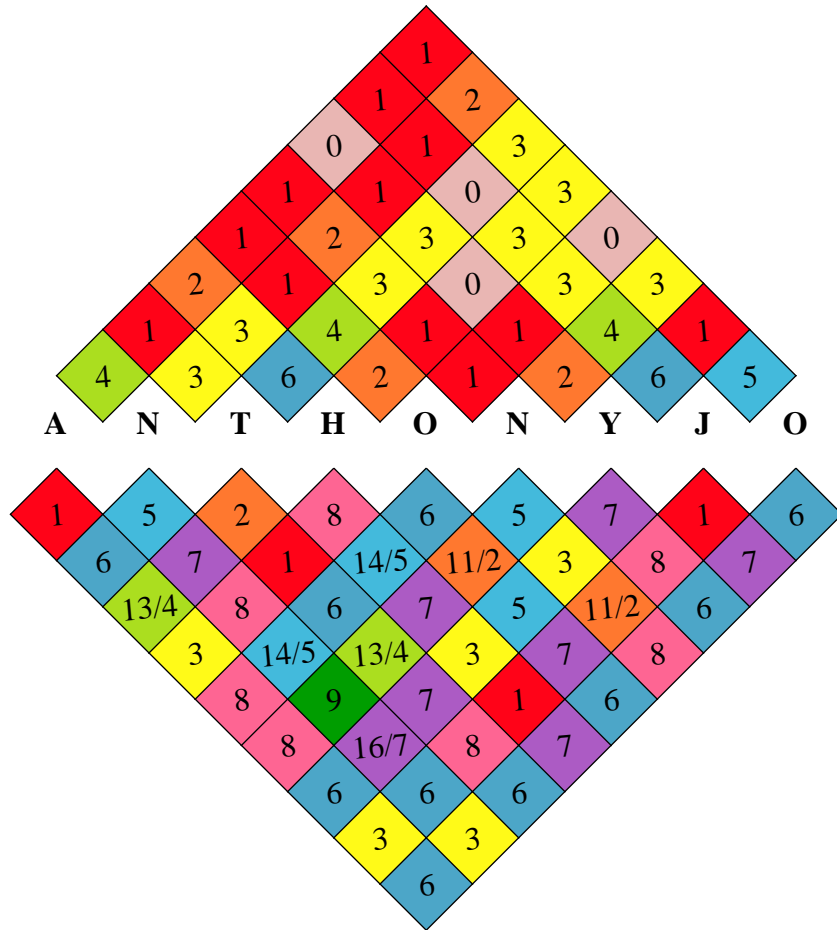
*The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome*

### **What it means to have an expected Outcome of 13/4**

Anthony, a 13/4 in this position suggests that you exit this Diamond with a stronger foundation in your inner understanding as well as in the material world.

This diamond can inspire a more positive self-image, and help you feel more comfortable with the role you play in life. On the material plane, you should notice concrete and tangible improvements. This combination often sees improved financial circumstances and advancement in career or other practical areas of your life.

With effort, we become more reliable and trustworthy; this, in turn, brings a sense of pride and strengthens our self-confidence. The 4 outcome suggests you have become more focused, have kept promises that may have been difficult to keep, and overcome temptations – all traits you can nurture to reach future goals.



## THE SECOND DIAMOND

*The first number in your second Diamond is again of a decidedly spiritual/inner nature, offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature.*

### **Your Second Diamond Challenge for age 31 is 0**

A Challenge is one of the few calculations in a numerology chart that can produce a zero. Of the nine possible challenges, the zero challenge is perhaps the most important because it directly affects the well-being of humanity on a global scale. As if to emphasize this, it is also the most commonly found lesson and very likely to occur more than once during your lifetime (an average of three to six times).

Compassion, empathy, brotherhood/sisterhood, and unity lie at the foundation of your 0 Challenge. However, this challenge has less to do with emotionality than with an intellectual and basic recognition that every human being deserves your respect, your love, and perhaps at some point, your personal sacrifice. The potential growth and fundamental improvement inherent in this challenge has the potential to affect not only you, but also the global community.

You will likely experience more than your share of confrontation and turmoil. Events and circumstances require you to choose between opposing energies, such as love or hate, empathy or cruelty, sacrifice or apathy. You witness incidents of injustice and are challenged to choose between getting involved or walking away.

The zero challenge is about taking a stand and responding with courage, more than it is about good and evil. The choices you make during this period define you in countless ways.

The 0 challenge in a Diamond reflects the most primal struggle any man or woman can face. It makes this both difficult and easy; difficult because the easy way out can be tempting; easy because there is nothing subtle about the choices facing you.

## **YOUR SECOND DIAMOND CAUSE**

*The second number in your Second Diamond reflects the underlying cause of a distinct challenge you will face this year. It is the catalyst that sets things in motion, the cause of the issues confronting you during this period.*

### **The Cause for your Second Diamond is 8**

Your root cause suggests you may have been feeling a little off balance, perhaps for as long as three or four years. You feel you missed opportunities - real or imagined - and doubt may have been gnawing away at you.

This combination can leave you feeling a little insecure about where you belong and what you should be doing, not unlike a rock climber suddenly experiencing fear of height halfway up the mountain. Nothing has changed; you are climbing with the same equipment, traversing a mountain like many you have climbed before, but your discomfort is real, nonetheless.

Insecurity and doubt have a positive side as well. They help you move forward more carefully and deliberately, thereby proving to be the very ingredients that can prevent you from taking a hard fall.

## **THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND**

*The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.*

### **The Recommended Action for this Diamond is 16/7**

Anthony, sometimes doing less on a practical physical level is just what you need. A 16/7 in this position suggests you should focus at least some of your time on the intangible. Worldly issues are often resolved by focusing on the larger questions and mysteries of life, and the beauty of creation.

During this period, solutions to current issues will come, in large part, through introspection rather than critical thinking. Take time for meditation, contemplation, daydreaming, and reading scriptures or books on philosophy. Focus on your inner world. Try taking a little time each day for solitude, and use the time to ask the essential questions: Who am I? Why am I here? What do I want?

This period will likely bring a sense that your identity is expanding, bringing an urge to make changes on the practical, material plane as well. You may feel a desire to change your life from the ground up, not so much due to dissatisfaction (although there may be some of that) but more to the desire to aim higher, to grow, to discover more about, or to become more comfortable with, yourself.

Some of the changes you consider may not make sense to people around you. What may be viewed as questionable in the eyes of others may be a sign of rebirth, like the Phoenix preparing to rise from the ashes. However, because the choices you make during this time could have a vital impact, you should take time to consider them carefully; don't be impulsive or heedless of the consequences. Contemplation, meditation, and forethought are crucial for a positive outcome. This is a time for inner transformation.

The qualities needed to successfully navigate this Diamond, and to take advantage of its opportunities are self-examination, faith and confidence.

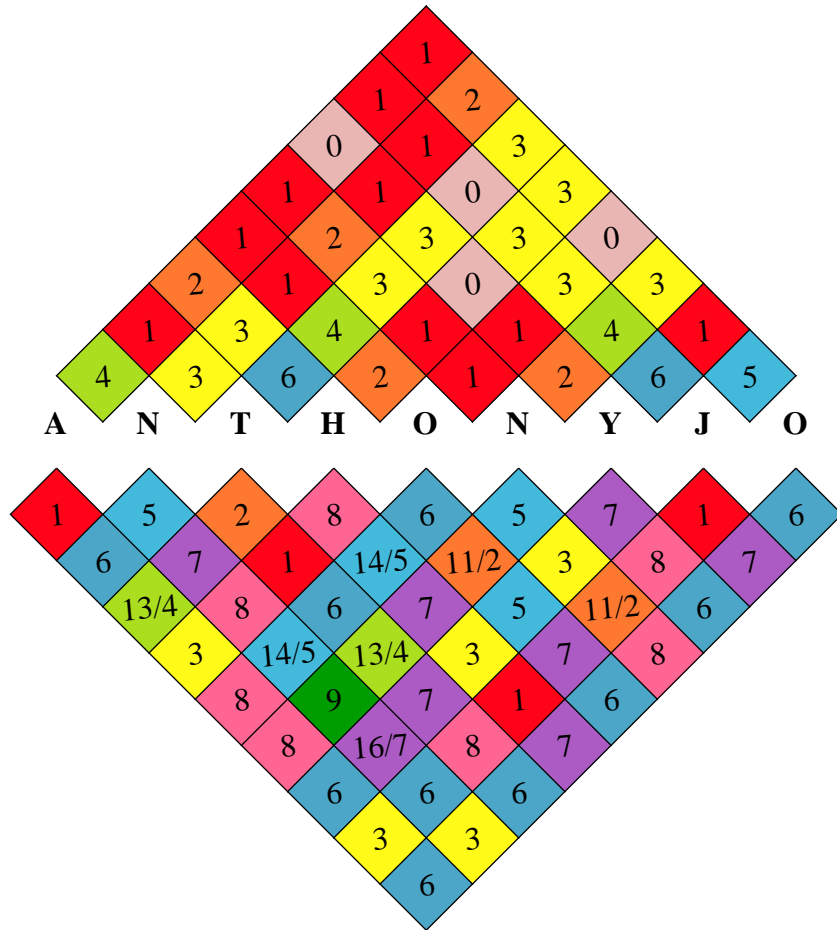
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### **What it means to have an expected Outcome of 6**

Anthony, a 6 in this position indicates strengthened ties with your family, friends, and community. As you exit this Diamond, you likely feel closer to people you care about, and you may find your sense of responsibility and loyalty has improved. The 6 inspires commitment and a stronger sense of belonging. You may feel a renewed sense of purpose, more at ease with your emotions, and less inhibited about expressing your feelings.





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**Your First Diamond Challenge for age 32 is 2**

The lesson of this challenge concerns a perception you have of yourself. You either lack self-confidence and often feel inhibited or the opposite is true and you have an exaggerated sense of self-worth. Regardless of the expression, a 2 in this position points to an imbalance. If this feels true for you, your ability to relate to other people should shift once you have overcome this challenge.

As a thinking person, you are well acquainted with the rumblings of your mind. However, you may not always be aware that you are not your mind, but the entity "listening" to your mind. While this is probably not a new realization, recognizing it consistently provides clarity. It allows you to be skeptical of your ideas and thoughts, and receptive to possibilities that may be of more value.

This subtle yet powerful realization can make a difference in the way you view people who may not share your views. It helps you separate the individual from their (evolving) ideas or convictions, making you less likely to judge them from a superficial perspective.

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This root cause indicates difficulty with communication. This could contribute to an emotional, intellectual, and/or spiritual bottleneck.

It may feel as if your ability to express yourself has diminished in the past few years, causing miscommunication, frustration, or lost opportunities. You probably do fine on a superficial level but when the talk turns to deeper, more personal issues, you may find yourself stumbling. It's not a matter of your strength or confidence but a fear of intimacy, something you have an opportunity to confront as this Diamond puts pressure on you.

Self-expression and communication are at the root of this Diamond.

## **THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND**

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### **The Recommended Action for this Diamond is 7**

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During this period, solutions to current issues will come, in large part, through introspection rather than critical thinking. Take time for meditation, contemplation, daydreaming, and reading scriptures or books on philosophy. Focus on your inner world. Try taking a little time each day to be alone, and use the time to ask

the essential questions: Who am I? Why am I here? What do I want?

The qualities needed to successfully navigate this Diamond, and to take advantage of its opportunities are contemplation, research, and solitude.

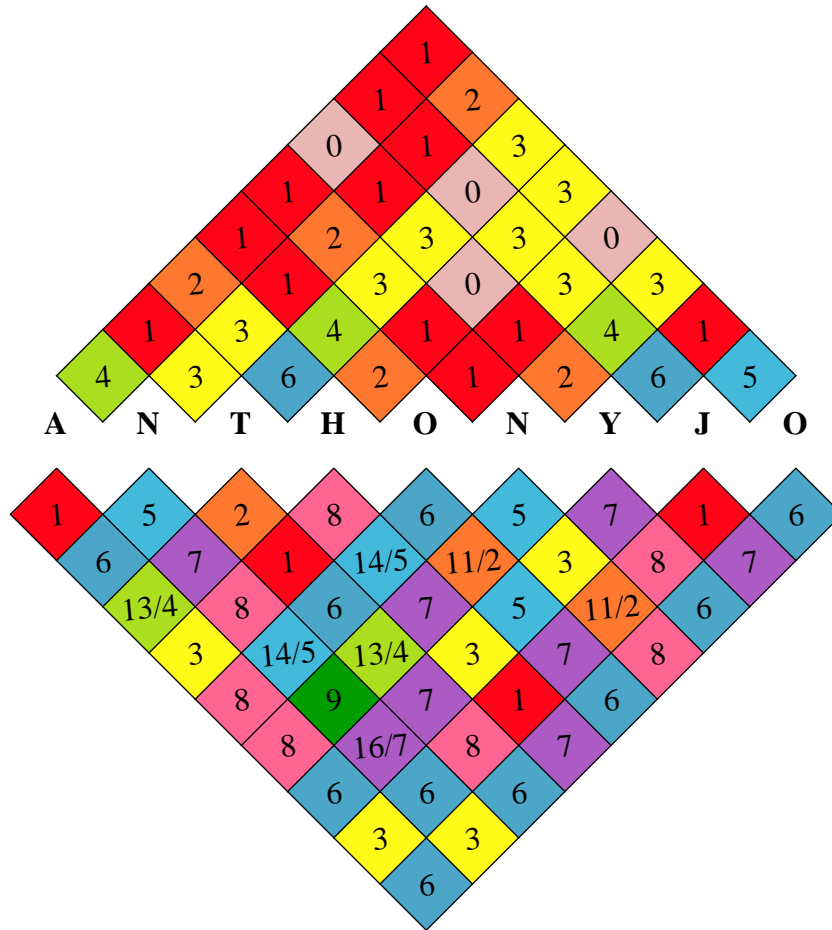
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### **What it means to have an expected Outcome of 3**

Anthony, a 3 in this position suggests you should feel less inhibited and more optimistic. The 3 brings a newly awakened creativity. This is one of the most strongly felt and desirable outcomes, because it seems to directly affect your ability to experience simple joy and happiness, as if the child in you has re-awakened. You may even recognize this in a change of style and taste; you might dress less conventionally or more colorfully or have a desire to change your environment.

Your sense of humor may be less reserved, and your health is more likely to improve, due to the positive, motivating outlook of the 3.



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