

NUMEROLOGY

PERSONALITY PROFILE
MONTHLY & YEARLY FORECAST

John Winston Lennon

Numerologist Hans Decoz



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

We hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

Hans Decoz

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is John Winston Lennon
Short Name is John Lennon
Birthdate is October-09-1940
Reportdate is November-02-2019

Your Core Name Numbers

Your Expression is 46/10/1

Your Heart's Desire is 23/5

Your Personality is 23/5

Your Heart's Desire - Personality Bridge is 0

The Path You're On

Your Life Path is 15/6

Your Birthday is 9/9

Your Life Path - Birth Day Bridge is 3

Your First Challenge is 8

Your Second Challenge is 4

Your Third Challenge is 4

Your Fourth Challenge is 4

The Path And You

Your Life Path - Expression Bridge is 4

Your Maturity is 16/7

First Period Cycle is 1

Second Period Cycle is 9

Third Period Cycle is 5

First Pinnacle Cycle is 1

Second Pinnacle Cycle is 5

Third Pinnacle Cycle is 6

Fourth Pinnacle Cycle is 6

Specifics About You

Your Rational Thought is 2

Your Balance is 9

You have a Hidden Passion of 5

You have a Karmic Lesson of 4,7

Your Cornerstone is J

Your Subconscious Self is 7

Your Physical Plane Of Expression is 10/1

Your Mental Plane Of Expression is 42/6

Your Emotional Plane Of Expression is 30/3

Your Intuitive Plane Of Expression is 0

How Your Current Name Affects You

Your Minor Expression is 13/4

Your Minor Heart's Desire is 17/8

Your Minor Personality is 14/5

Your Future

Your Physical Transit for age 79 is N

Your Physical Transit for age 80 is J

Your Mental Transit for age 79 is I

Your Mental Transit for age 80 is N

Your Spiritual Transit for age 79 and 80 is O

Your Essence Cycle for age 79 is 2

Your Essence Cycle for age 80 is 3

Your Personal Year for 2019 is 4

Your Personal Year for 2020 is 5

your Duality in 2019 is 2 and 4

your Duality in 2020 is 2 and 5

Your Monthly Cycles

Your Personal Month for November 11 2019 is 6

Your Personal Month for December 12 2019 is 7

Your Personal Month for January 1 2020 is 6

Your Personal Month for February 2 2020 is 7

Your Personal Month for March 3 2020 is 8

Your Personal Month for April 4 2020 is 9

Your Personal Month for May 5 2020 is 1

Your Personal Month for June 6 2020 is 2

Your Personal Month for July 7 2020 is 3

Your Personal Month for August 8 2020 is 4

Your Personal Month for September 9 2020 is 5

Your Personal Month for October 10 2020 is 6

Your Personal Month for November 11 2020 is 7

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

John, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 10, 5, 5

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 46/10/1

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THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 23/5



Freedom is essential for your happiness. You love change, new experiences, meeting new people, adventure and travel. You love the exotic, faraway places. Variety is more than mere spice of life -- you thrive on it. You are extremely flexible and adaptable. You have more curiosity than the proverbial cat. You have a sharp mind and a natural ability with words. You are a born communicator, clear, fluent, and imaginative in every area that interests you -- which are many!

Your Heart's Desire makes you very well equipped for life. Change -- the only constant in life -- doesn't threaten you, as it does other people. You are highly resourceful. Generally, you can think clearly in a crisis; you have good mental and physical reflexes. Whenever you fall, you tend to land on your feet.

You are highly enthusiastic. You get excited easily over a new idea or opportunity. Your nature is

unconventional. You are a bit of a gambler, taking risks whenever you think the rewards are worth it.

You are very socially oriented and rarely, if ever, dull or boring. You are, of course, drawn to those people who, like yourself, are original thinkers and have exciting personalities.

You enjoy being involved in several projects at the same time. You need continual stimulation by the new and fascinating. You tend to discard boring pastimes quickly. Your love of freedom and change can have numerous consequences. You can be irresponsible, especially when it comes to finishing tasks. You have a hard time persevering at a given project and bringing it to completion.

You must be careful that your love of sensory pleasure doesn't lead you to excessive indulgence in alcohol, food, sex, and even drugs.

You are a bit of a hero and want to save the world. This causes you to make promises you often cannot keep. Down deep, you long to please everyone, an impossible goal. Many 5s can be emotionally superficial. They feel love passionately, but fear making deep and lasting commitments. As a result, they resist the depths of emotional attachments and remain on the surface where it is safe.

You will experience many changes and unusual events, but you learn best through experience. Therefore, your life will be full, and you will make great strides in personal growth.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 23/5



You are a stimulating person. You brighten social gatherings with your fresh and original ideas. Your conversation tends to be sprinkled with novelty and wit. You have a quick tongue and charisma. You are probably an excellent salesman. There is a lot of nervous energy within you looking for an outlet. You love your freedom and you see this life as an ongoing adventure. You are upbeat and optimistic. This is infectious for those you meet. As a result, you

inspire others. You have a strong and attractive body, with good muscle tone. Your movements are supple, graceful, and athletic.

Your bane is that you love to indulge your senses with food and drink and can easily gain weight. You have an appetite for anything that stimulates the senses -- sex, food, alcohol, and drugs. Discipline is a necessity for you. The negative side of a 5 Personality Number can give rise to an addictive personality.

You like to dress fashionably and can get away with more colorful clothes. However, you should be aware of the value of quality and the power of modesty.

You are a little irresponsible and quick in satisfying your sensual urges. You are attractive and that, coupled with your innate ability to promote yourself, makes it easy for you to satisfy your desire for new and exciting relationships. You have a kind of swashbuckling personality. People see you as the adventurer that you are. They expect the unexpected from you, and when they don't you often surprise them.

You have a quick and eclectic mind. You attract information from all directions, but you can be a bit superficial, skimming over the surface of a wide diversity of subjects. This may cause you to be a bit of a dilettante. You can get away with it much of the time, but for your own success and happiness, you should try to ground knowledge and deepen your understanding.

Your versatility and adaptability make you capable of getting the most out of virtually every opportunity in life. You decide quickly on a course of action and your timing is usually good. You radiate with the potential for success, which attracts others who can further you along your path.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 0



The single digit values of your Heart's Desire number and your Personality number are the same.

This is considered fortunate. You are a WYSIWYG: "What You See Is What You Get." You easily make people feel comfortable around you. However, if your Life Path number or your Expression number are also identical to your Heart's Desire number and your Personality number, your chart may be somewhat off balance. This may cause you to push the aspects of the repeated number to excess.

Read your Heart's Desire number again and ask yourself if you have not focused too much on the aspects described, at the cost of a more balanced approach.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 15/6



You possess great compassion and seek to be of service to others. You have concern for the weak and the downtrodden. You are a healer and a helper to others. You are capable of giving comfort to those in need and will frequently offer a shoulder for others to cry on.

Your task in life is to develop the tools necessary to be truly helpful to others, rather than to simply be a sympathetic ear.

You must find the balance between help and interference. In the same way, you must learn the delicate art of the counselor who knows when to leave the struggle to others and when to avoid taking away the necessary experiences and lessons of life. You are naturally balanced. Therefore, you are well equipped to support and ground others in times of trial.

It is in your nature to take on responsibility -- you often fill the void left by others -- and do not turn away

from personal sacrifice. At times, you may feel overburdened by the travails of others. However, the love others bestow upon you is your well-deserved reward. You try to maintain harmony within the family or group, balancing and fusing divergent forces. You seek marriage and are often a wonderful parent, offering warmth, protection, and understanding to children.

You are generous, kind, and attractive. You are often admired even adored which baffles you. You are humble and yet you carry a deep pride. You move well and gracefully but will have to work to stay in shape. Seek out physical exercise and limit the sweets and dairy you crave to keep yourself from becoming plump and round.

When young, you must be careful not to choose partners for the wrong reasons. Do not let sentimentality influence your decision, especially those involving the choice of a spouse. You need to be needed but must learn to discriminate between those you can help and others who are made weaker by your care. After all, it is in your nature to be attracted to the weaker brothers and sisters among us.

The temptation, and the danger for you, is to think of yourself as the savior of the world, carrying the burdens of others on your shoulders.

You are blessed with musical talent, as well as in the visual and performing arts. However, your creativity may well be suppressed due to your willingness to sacrifice, or your inability to fully appreciate your talents.

This is not to say that you cannot excel in these areas; on the contrary, you have the talent, and with effort you can make a success in a number of artistic fields. You also have enormous talent in business. You are blessed with a great deal of charm and charisma, which you use effectively to attract the people and support you need.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 9/9



You are broad-minded, idealistic, and compassionate. You should obtain a wide education, especially in the arts. You are highly creative. Many great artists are found under this number.

You must come to truly understand life to be of greater service to society. You have a greater social role to

play that will require a blend of the practical and the humanitarian. You must have a keen sense of what will work, but at the same time directing those efforts toward some greater good. Your challenge is to find a place for yourself that has some direct benefit to others. The more you can be of service to humanity, the greater will be your personal reward on all levels -- from the material to the spiritual.

Children born on the 9th day usually take their time before choosing a profession.

You are socially oriented and have a gift of charm. You are well-liked and even admired by others. You can relate to people in all walks of life. You have a broad vision of the world and can see the grand scheme of things, including international politics and great social movements. You express your feelings well, but sometimes can be a bit dramatic. You have a strong interest in philosophy and metaphysics. Nines tend to attract money from other sources, such as inheritance or a stroke of "luck".

There is an element of sacrifice in the number 9 that demands that you learn forgiveness and unconditional love. You must avoid negative attachments. Do not hold on to people or situations because you feel that justice has not yet been done, or that someone still owes you something. Your task in life is to truly let the universe judge such situations and rely on your own forward-moving life path to bring you the necessities and rewards you deserve.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 3



Your 3 Bridge shows that your creativity and ability to motivate others are specific assets which can help you grow. While this may seem to apply to anyone at any time, there is a hidden purpose that applies to your bridge. People with this combination tend to be more easily affected by a negative outlook, so you may be more vulnerable to this than others.

Conversely, a positive perspective has a more powerful effect on you than on others. When you consciously push aside the clouds and offer hope and sanguinity to others, you will be the main beneficiary of that kindness.

Having a 3 as the "gap" number between two aspects of your personality points to the need for you to lighten up and bring joy and hope to those around you.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below. They are found within the lower half of the star-shape in your numerology chart. The First Challenge is shown on the left, the Second Challenge on the right, the Main or Third Challenge is placed in the middle, and the Fourth Challenge is located below that.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 8



You risk making money and power the main priority in your life. Your desire for financial wealth threatens to obscure your other human characteristics and spiritual wellbeing. This Challenge causes financial concerns to overwhelm all other needs, and influences everything you do.

You risk the fate of Midas, turning everything into gold, yet isolating yourself from other parts of life. For many with this challenge, there is a danger of becoming so obsessed with materialism that they may be tempted to ruthless and unscrupulous business practices, possibly crossing the borders of the law and causing themselves and others much misery.

You are facing a very real spiritual test in which you must realize that "Man does not live by bread alone." If you overcome this hurdle, you will achieve spiritual and material balance, and can make yourself a powerful river, bringing an inexhaustible supply of nourishment to all, rather than a lake, whose nature is limited and can easily grow stagnant and can no longer support life.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 4



You tend to be disorderly and disorganized. You are impractical and tend to fantasize about projects or possibilities that have little value or future. You must learn to discriminate between iron balloons and those that will fly. You have difficulty finishing projects because your vision becomes chaotic and loses track of the path ahead.

You have to learn to be aware of the details. Keep your environment clean and orderly. Be efficient.

You have the ability to be practical and organized but you must learn their value. This will cause you to incorporate them into your daily life and give you the basis for success.

This is the challenge of building a lasting foundation for your life. You will need perseverance and repeated effort. Get-rich-quick schemes will likely backfire; persistent effort is the key to your future happiness.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

John, you are repeating Second Challenge

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

John, you are repeating Second Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your ma

Your Life Path - Expression Bridge number is 4



In order to gain the most from the strengths and talents inherent in your Expression, and the requirements of your Life Path, it would benefit you to acquire more of the 4's traits. These include determination, perseverance, persistence, and sometimes plain stubbornness.

The more focused and demanding you become, the more quickly you progress. Interestingly, physical and outdoor activities bring you closer to yourself and increase those skills - they are excellent forms of therapy for anyone with a 4 Bridge number. Spend a little time walking in nature, working in a garden, or building something.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 16/7



As you mature, you will become increasingly occupied with the larger questions of life, reading, contemplating and searching for a deeper understanding of who you are and what this life is all about. You may turn to philosophy or religion, but will likely examine a wide array of areas, broadening your knowledge in many disciplines.

Your intuition grows stronger, as does your ability to look beneath the surface of every subject you study. You are able to analyze abstract questions and live according to your higher ideals. You may find yourself needing more time alone; your need for privacy will likely increase.

If you already have several sevens in your chart, you will have to guard against becoming withdrawn, and alienated. If you have no sevens, you will now have the ability to deepen your understanding of one particular field. You will have the opportunity to become grounded in a particular area of study.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle, located on the left of the graphic, begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle is found inside the diamond-shape and covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle, on the right of the graphic, starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 1 and lasts until age 30



The first part of your life, through your late 20's or early 30's, is a period of much intensity. When the 1 dominates, it requires fortitude, courage, and flexibility. You are forced to use every one of your talents to achieve individuality and independence. This is a period of integration and focusing on your life's dreams.

Your ability to stay the course is repeatedly challenged, but adequate resources become available to assist you. Resilience, independence, and fortitude are required. As you strengthen these characteristics, they become an integral part of your personality and help you to emerge stronger for it. This cycle marks a time of progress in your development.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 9



This is a period where you develop a broad view of humanity and sincere concern for the well-being of others. Tolerance, acceptance, and universal love are the goals of a 9 Cycle, and people under its influence move toward those ideals.

Humanitarian principles and social service are the keys to personal happiness in a 9 Period. Hard work directed toward higher ideals is rewarded. Creative talent is enhanced, especially when joined by a larger social purpose or message. There is an element of sacrifice or letting go, as you are asked to forgive past grievances and part with negative attachments. You are inspired to live according to a higher ethical standard, with personal enrichment as reward.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 5



The latter period of your life finds you continuing to move through changing circumstances. There is an inherent restlessness associated with a 5 Period Cycle - one of the few cycles that encourages a more impulsive response to situations you encounter.

You are drawn to travel, new people, and different cultures. This is a dynamic, somewhat chaotic cycle, where not much happens according to plan. You do best when you are social, physically active, and involved - giving your heart and mind the experiences they crave.

During this period, you have a flair for successfully promoting yourself. You are drawn to all that is progressive and farsighted. This is a time to be quick and flexible, and to grasp opportunities as they come.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 1



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the

counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 5



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 6



Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. John, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

John, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing

yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

John, you are repeating Third Pinnacle

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 2



You take the subtle approach. You allow your intuition to be a large part of your intellectual explorations. You are open to the ideas of others, and you may be a little too easily influenced. When you consider a project or face a problem, you tend to allow too many alternatives to cloud the issue.

However, when it comes to recognizing the many possible variations, and how they may affect the outcome, you are hard to beat.

You have an uncanny ability to plan projects and solve problems which require a large number of people to actively participate, while at the same time maintaining a sense of harmony and unity among those involved.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-

development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 9



You will find your solutions by empathizing with the concerns of others John. You have a gift for understanding a wide variety of people and seeing the broader picture. But too often you retreat to aloofness, a kind of Ivory Tower, in which you regard yourself as an aristocrat, above the masses. You will find your solutions by coming down to the practical reality where people live. It is in giving that you will receive.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

In the graphic below, each square represents the number value of the letters 1 through 9. The top left square tells you how many ones are found in your full name at birth. The one next to it shows how many twos are in your name, and so forth. The number that is found most often in your name is your Hidden Passion. There can be more than one.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. John, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 4

You feel confusion about your life's direction. You will have to establish a methodical and disciplined approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the

satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is J



Your J is for Justice. You are honest, loyal, reliable and sincere. You want to improve the lives of others. You may try too hard to please everyone. You have a clever mind and are very talented. However, you have to work at motivating yourself to make the most of your talents.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 7



You can appear indifferent to your surroundings and somewhat aloof. You are well-balanced and can survive many a stormy time. In time of trial, you withdraw within yourself finding solace and answers, in your creative and analytical mind.

You may be a bit of a loner and do not easily share your feelings with others.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of

Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 42/6



John, you have the mind of a poet, writer, or actor. You see life in artistic terms. Teaching and healing come natural to you. You carry much responsibility and are very dependable. You fulfill your obligations. Your appreciation of beauty and art is visible in your surroundings.

Your prospects for success in business are excellent, due to your practical and responsible behavior.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 30/3



You are very romantic. You are highly creative and imaginative. You fantasize about your perfect "other": a White Knight on a horse, or a beautiful princess. Your response to painful emotional situations -- especially in childhood -- was to create a fantasy world to which you escaped. You may still be doing that as an adult, perhaps to your detriment.

Reality lacks the romance and excitement of your fantasies.

You can be disorderly and disorganized, however. You can be rather moody. You likely have much artistic talent, especially in writing, acting, or singing.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 0



You don't have any letters on the Intuitive Plane.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 13/4



Your short name makes you more practical, orderly, efficient, and dependable. You will feel more principled, honest, and determined. You will be a little more organized and capable of putting ideas into reality. You are better able to work with details. Your conscientiousness will be enhanced, as well as your ability to work diligently and consistently over a long period of time. Discipline increases under the 4.

Your short name enhances your ability to be the pillar of society. Family and friends rely on your judgment more. However, you could become more rigid and inflexible.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 17/8



Your Minor Heart's Desire increases your ambition and inner strength. Your ability to deal with business, managerial, and organizational matters is enhanced. You are able to focus on your goals and apply the necessary determination and effort to realize them. Your shortened name increases your capacity for leadership and personal power. It makes you more conscious of material wealth. You are more willing to work hard to improve your status or financial position.

Your shortened name makes you more aware of being a good judge of character, and you are willing to work on this talent. This results in becoming a shrewd judge of others and a better negotiator.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Expression is 14/5



You are a stimulating person. You brighten social gatherings with your fresh and original ideas. Your conversation tends to be sprinkled with novelty and wit. You have a quick tongue and charisma. You are probably an excellent salesman. There is a lot of nervous energy within you looking for an outlet. You love your freedom and you see this life as an ongoing adventure. You are upbeat and optimistic.

You are a little irresponsible and quick in satisfying your sensual urges. You are attractive and that, coupled with your innate ability to promote yourself, makes it easy for you to satisfy your desire for new and exciting relationships.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 79 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age 79 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress – and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

Your Mental Transit for age 80 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 79 and 80 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal

about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 79 is 2



You must learn to cooperate with others in order to accomplish some greater good. This is not a time to lead, but to follow. You must be content to draw your guidance from the environment and those in positions of greater power. You must maintain your own center, but avoid arrogance, rigidity, and stubbornness. The more you insist on your own priorities, the more resistance will you meet. This is a period of partnerships. Your success depends on your ability to work with others.

You will be extremely sensitive and intuitive. Your powers of understanding will be at an all-time high. These abilities will give you the insight you need to perceive subtle changes in people and situations. You will therefore be better able to adapt to changing circumstances.

Your intuition makes it possible to accomplish great tasks, even though you may not be in a leadership role. The reason: you instinctively know how to react to change, and to gently advise people to go in the right directions.

Your role as an advisor or confidant is the key to your success during this period. You are learning the lesson of interdependence. You will also come to know how valuable you can be in a more passive role. It is a period to serve, to be the helper, the assistant. Your ability and willingness to work with others will be tested and rewarded. It is essential that you listen. Be shrewd in your evaluations of others and of situations, but do not enforce your judgments directly on people.

Your sensitivity will make it necessary for you to seek out harmonious and peaceful environments. Be careful of the health of your nervous system. You can become anxious more easily during this period. Therefore, seek out people you trust; share your deeper feelings; allow yourself to be supported by friends and loved ones. Keep your spirits high and avoid depression.

Music plays an important role during this period. Any musical talent you possess will be enhanced. You even possess a certain physical grace that can emerge in dancing, athletics, or simply walking down the street.

In your passive, centered way, you will be charismatic and attractive to others. People will sense your fine intuition and sensitivity and seek you out for private talks. Be loyal to friends and partners. Remain strong

inwardly and flexible without. In this way you will avoid the obvious difficulties and remain on your path to success.

This is a period of accomplishment through gentle persuasion.

Your Essence for age 80 is 3



Your ability to express your self will reach an all-time high. Any talent you possess in the arts -- especially in writing, acting, or other performing arts -- will be greatly enhanced. This is a period of success through personal creativity. You have much opportunity to advance yourself and career through your own personal expression, charm, and creative talent. This is a social time, filled with much fun and friendship. You will feel lighter, fresher, and more alive than in previous years. It is as if life has relieved you of a burden, allowing the more creative, upward, and joyful energies to flow more freely.

People are naturally attracted to you. They sense your joie de vivre, your spirit, and creativity. Your challenge is to focus your heightened creativity on a worthwhile task. Discipline is essential. Choose a goal worth reaching. Pour your energies into something that will last. In this way, you will emerge from this period having accomplished something worthwhile, and learned to harness your creative abilities. If you fail to focus, you will likely spend your opportunity and creative urges on loose talk, superficiality, and socializing.

This is an emotional period. The upward, heart-centered energies are peaking, bringing with them many old emotional issues. You can easily exaggerate the importance of an unkind word, or react too emotionally to a troubling situation. In short, you need perspective now.

0, you are in a highly volatile period, making you highly creative, sensitive, and given to emotional mood swings.

You are highly romantic and given to fantasy. There can be many wonderfully romantic times; however, it is important to avoid being swept away by your fantasies. Do not fail to see people for what they are.

This is a time when you will learn the value of your personal expression, and your own uniqueness. It is a time of personal accomplishment and advancement.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and

run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2019 is 4



This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful. This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment. January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. You may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year cycle for 2020 is 5



This is a year of dynamic change. Many surprises will come your way. Be open and ready to embrace new opportunities. Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you. There will be increased opportunity to travel and possibly a change of residence. You will have some unexpected adventures and lucky breaks this year.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality in 2019 is 2 and 4

After reading your Personal Year and Essence cycles, 0, you probably noticed both influences are practical and realistic. However, this is pretty much where the similarities end.

The 2 lends an intuitive, vulnerable and emotionally charged mindset, while the practical 4 is the most no-nonsense and least emotional of the nine numbers. As your Personal Year number, the 4 will affect the events and circumstances you encounter this year.

The conflict between the impassive 4 and sensitive 2 can leave you feeling insecure in your relationships and social interactions. The rigid 4 would rather ignore the strong feeling of the emotional 2. Romance could be especially challenging. One moment you might be all heart and feelings, and the next be too focused on your project or routine to have time for it. This could make you look, and feel, as if you are unsure of what you want; changing your mind or manner can send mixed messages that leave others confused.

Interestingly, these opposing influences are positive for almost all areas of your professional life. This is especially the case if your work is detail-oriented or you are in management. As changeable emotionally as you can be in personal relationships, you will likely be quite successful in non-emotional, practical, project-related dealings. Your 4 will be the ally that keeps you focused and efficient, and the 2 will lend the cooperative, harmonious, intuitive traits that help you work well with others.

This is a good year to focus on your career, business, and other productive areas. In your personal life, protect yourself emotionally but try not to be overly sensitive. To stay focused on your goals, you will need to make an effort to keep the peace in your private life.

Your Duality in 2020 is 2 and 5

The Duality of a 5 Personal Year and 2 Essence cycle can be challenging, 0. The main conflict stems from your Essence being largely focused on feelings and relationships, while your Personal Year influence wants freedom, variety, and adventure. Your 2 Essence produces a mindset that desires peace and harmony during a period when your 5 Year rocks the boat and brings change.

You will probably be restless this year, and a little tired of the predictability of your circumstances, thanks to your freedom-loving 5. However, your vulnerable 2 Essence could make you hesitant to address those feelings, for fear of disrupting your romantic (and other) relationships.

Consequently, you will likely find one side of you holding back, while the other side reaches out.

With your Personal Year delivering the dynamic 5, events and circumstances around you could be unpredictable, seemingly random, and often hectic. The conflict with your desire to maintain the status quo while your environment summons you to take chances can cause considerable frustration. It can also make

you indecisive and hesitant.

Your best response is to ignore - to some extent - the tendency to be overly cautious and conventional. (Your fragile 2 Essence could make you worry more than usual.) Courage, decisiveness, fast thinking and quick reflexes are the tools needed to make the most of this combination.

Relationships that have a solid foundation will adjust and survive. Try to be sensitive to others (easy for the 2) but honor your need for change and excitement as well.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month for November-2019 is 6



November offers the chance to strengthen your foundation in life. You pay close attention to the needs of your family and circle of friends. You are serious and responsible in all matters related to career and receive recognition and respect for that.

Financially, this could be a good month with an unexpected reward coming sometime during the last week. In many ways, this month brings blessings and can be very satisfying. Your workload is considerable but doesn't burden you as much as it did during other times of this year.

You have the energy and feel confident that you are now moving in the right direction. Feelings of insecurity and frustration that loomed so prominently during most of this year are disappearing. Your friends and family members display strong signs of loyalty and feelings are expressed more freely. One or more of your friends or relatives needs a boost and comes to you for help. You are happy with the opportunity to help out in a practical way as well as with moral support. You play the role of (m)patriarch.

The only troubling experience during this month will be the need to deal diplomatically and tactfully with a long-standing problem, perhaps with someone at work. A basic personality conflict has been the cause of friction between you and a co-worker and can no longer be ignored. Tension may come to a head, but there is an opportunity to turn a difficult relationship into one of tolerance and mutual respect.

Your Personal Month for December-2019 is 7



December is a fitting end for this year. You now enter a period of introspection, contemplation, and meditation, similar to that experience in March. December focuses you on inner-growth and soul-searching. However, that is where the similarities end. December is a more comfortable time for such an inward journey and expansion of your consciousness. There will be plenty of opportunities to withdraw, to seek the quiet. Whether you enjoy this time depends on whether you value such an experience.

It's been a year of hard work and, at times, frustration, but the work will pay off. You are more aware of that now, and you are probably well aware that the year was well-spent.

Understanding the value of day-dreaming and contemplation is more difficult as a result of this society's emphasize on action and result. However, the quiet, "un-productive" times of this month will be at least as rewarding, spiritually as well as practically. It allows for deep inner contentment and a fuller awareness of the love and goodwill of others.

Your Personal Month for January-2020 is 6



All during this month the focus is on your attitude towards friends, co-workers, and family members. You are in a position to improve relationships in all areas. You are warm, and more outgoing than usual. Others are attracted to your optimistic disposition, and several people close to you will come to you for advice and comfort. January may bring a turbulent new relationship into your life. The initial introduction may start off a little awkward, even cause some friction. You will need to be tolerant and understanding. Even if you feel sure that your point of view is correct, a hardheaded, stubborn approach is not beneficial. On the contrary, the true purpose of this conflict is an opportunity for you to reach out and earn the appreciation and respect of this person by freely demonstrating your own. Other, more practical changes are also in the picture. Many will make changes in their office, residence, or work routine.

You may get some strong signals that your career may receive a boost in the very near future, which only buoys your optimism.

If you are single, this is an excellent month to be social and meet new people.

Your Personal Month for February-2020 is 7



February finds you more inwardly focused. Self-reflection and contemplation bring spiritual clarity and growth. At the same time, your career improves and you manage to impress important people. Doors that have been closed open and offer access to opportunities. Financially, this month may also show some progress but the emphasize is more on opportunities and your ability to take advantage of them.

Warnings are justified in two areas. Your dynamism and excitement may cause you to be somewhat insensitive at times. Also, you would rather plan and discuss future endeavors than to put forth the effort required to take full advantage of current opportunities. Key-words to make this month a success are caution and discipline.

If you are married or otherwise committed, you may feel a little distant from your partner. This is temporary and does not require any special attention. If you are single, romance is not a high priority. Minor health problems that have not been treated may come to the foreground. This is a good month to apply discipline to your eating habits and to step-up your exercise regimen.

Your Personal Month for March-2020 is 8



Be careful in all financial matters this month. Issues involving money take center stage. More people go bankrupt or make a killing during this period than with almost any other number combination. Now, especially, you are required to balance the material and the spiritual. If you are considering a major purchase that involves long-range financing -- such as buying a house or a car -- but you question whether you can fulfill the obligation, you would do well to wait until the second half of May before acting.

The worlds of work and personal relationships require an opposite approach this month. A certain amount of aggression in career and business matters is favorable. Promote your ideas. Put out effort. Work harder and longer than is required. On the other hand, your personal life requires patience and understanding -- both of others and yourself. You may want to clear the air between you and a loved one, but you have difficulty overcoming your fear of being misunderstood. Or perhaps you are not clear about what you feel. Try putting your thoughts on paper first to achieve a higher degree of clarity.

Your Personal Month for April-2020 is 9



April brings a certain amount of completion in both your personal life and career. It is time to let go and prepare for new adventures. It is necessary to keep a close eye on the details, particularly those related to your finances. Check your bank balance regularly and make sure you save the receipts for deposits and other transactions. There are indications of up-

coming changes in your work environment; you are in the unique position to move to the spotlight. Self-promotion is favorable. You are a little more emotional and vulnerable and may tend to make mountains out of molehills, however.

Someone you care about is leaving, being transferred, or going on a long trip.

Social events make this a hectic month and a certain amount of moderation and discipline is needed.

Your Personal Month for May-2020 is 1



May brings a sense of freshness or a new beginning in your personal life and career. You are more energetic and decisive than last month; this will help you cope with the hectic pace this month brings. This is a time of opportunity and the need to adapt quickly. You have been selected to play an important role in some new endeavor. This is an opportunity to move your career forward but it requires courage and the willingness to sacrifice some short-term goals. Financially, this is a dangerous time because of the tendency to splurge.

If you are single, you may well be introduced to someone very interesting and attractive. If married, romance is rekindled. Still, new romantic relationships started under this number combination tend to burn out quickly. The attraction is physical and immediate but may falter as soon as it is put to the test. Even if you are already committed you may well find yourself eye to eye with someone very attractive, in which case you may have to show considerable restraint in order to avoid a situation you may later regret.

Your Personal Month for June-2020 is 2



The 2 and 5 combination enhance your insight into the motivations and emotions of others. You play the role of counselor several times this month. Your intuitive powers are also enhanced, but this does not extend to money matters. It's not a good time to take financial risks. There are changes taking place in many areas of your life this year, and the general instability is felt strongly this month.

Study and reading are more favorable, especially when related to your career. The focus is on relationships at work and at home. You need to trust others enough to open up your heart and reveal your deeper feelings. This is a good time to release some bottled-up feelings.

Romance also plays an important role this month, particularly if you are involved in a relationship that originated fairly recent. Your enhanced sensitivity and intuition helps you to see the deeper meanings and values, which make the relationship stronger or . . . cause a permanent break. A critical issue here, is your ability to express your true feelings. Communicate!

An unexpected invitation to visit a friend or relative in some distant town may inspire you to pack your bags and go. This will turn out to be beneficial.

Your Personal Month for July-2020 is 3



Money matters come to the foreground; debts are called in and close attention should be paid to your bank account.

Your ability to influence the ideas and opinions of others works in your favor and may create a new source of income. This is also a good time to promote yourself. If you have considered upgrading your resume or trying out for that new position you have been considering, now is the time to do it. A career change is also possible as a result of outside forces. You are more creative.

You feel somewhat restless and impulsive and are willing to take risks for the sole reason that you need a change. There is a tendency to be somewhat scattered and even a little irresponsible during this cycle.

Your domestic environment also becomes a source of restlessness and you may have to guard against irrational behavior from your side. At the same time, you reach out to old friends and relatives you have not been in touch with for some time.

Your emotional state is a little turbulent causing you to be moody. Try to maintain equilibrium. This is a month to be somewhat detached from the events and circumstances surrounding your life. Don't take yourself too seriously, and, if possible, take some time off for a vacation. It's a good time to recharge your batteries.

Your Personal Month for August-2020 is 4



Your career may be demanding and a bit frustrating this month. You need to attend to routine matters, some of which may be boring. This is not a time to slack. Don't procrastinate. Commit to your responsibilities and see projects through to completion.

This August could bring a welcome opportunity on the job front, but your success will depend upon your willingness to stand up for yourself, to take charge of circumstances, and refuse to be victimized by outside events. You need the courage to stand up for your beliefs, to "do the right thing. "

Make important changes in your life. Such as start a diet and/or exercise regimen, quit smoking, dedicate yourself to a good cause, and reconnect to your higher spiritual values. This is the month to make fundamental and positive long-term changes in your life.

It's important to demonstrate to those around you that you are dependable and can be relied upon. This

affects both your work and love life. You will impress all of those around you with your sense of duty and trustworthiness.

Your Personal Month for September-2020 is 5



The hectic pace of last month continues. However, the nature of activities is quite different. You are challenged to keep up with events and influences that, at times, appear out of your control. If you can be flexible and adaptable, you will cruise through this month comfortably and successfully. Let old plans, expectations, and concepts go. Otherwise, stress may take a physical toll. If you are willing to take the changes in stride and "go with the flow", you will find yourself in a better position in career as well as personal life by the end of this month.

This is an adventurous, dynamic, and progressive time, with less focus on details and routine stuff. Social events and romantic adventures highlight the month. The word "adventure" is the operative word: few romances that begin during this time have the emotional depth and substance needed to survive the test of time. However, any relationship begun now still has much to teach you about life and love, so be open to all the possibilities. Be warned, however, you may have a tendency for over-indulging your senses this month. Moderation is wisdom.

Your health may cause you some concern. In most cases, this is the body reacting to changes that have taken place during the course of this year and are only temporary. If problems persist, seek the advice of health counselor or physician.

Your Personal Month for October-2020 is 6



October brings stability to the dynamic changes the year has presented. Expect increased responsibility, recognition, and perhaps a raise or promotion. This month shifts the focus to relationships with family and friends. You share greater closeness with loved ones and may find yourself giving and receiving comfort and advice. Loyalty and trust are fundamental to your wellbeing this month. If you are unwilling to trust or abuse the trust of someone else, you could experience the break-up of a relationship. Share your feelings.

If you are single, a new and lasting romance is possible. If you already have a relationship, this is the time to commit. All affairs of the heart are positively highlighted. Health problems will also take a turn for the better.

Your Personal Month for November-2020 is 7



November, with the 7 playing such a major role, directs the focus to your inner self. Some people experience this month as lonely, but it doesn't have to be. You will be inspired to refine your understanding of your place in the universe. Spend time considering what you are going to do with the rest of your life. Search your soul, define your priorities, and plan your future. Study and read and think. You are observant and insightful.

Put romance, career, and financial matters on the back burner this month. There will be plenty of time for that later. If you direct all your effort toward honest self-confrontation, your future progress will be insured.